

## Seminars

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International Academy of Ayurvedic Sciences IAAS, recognized as one of the upcoming Ayurveda Academy and Amrita Ayurveda Health Center AAHC outside of India, was established in 1984 in India. Since 2004, Amrita Ayurveda is based in Benelux, Germany and Sitzerland to promote and propagate the traditional Ayurvedic System of Medicine of India through series of Lectures, Open discussions, Academic Programs, Ayurveda Courses and Seminars on diverse subjects of Wisdom of Ayurveda to Advanced Scientific Seminars on Ayurvedic perspective on various disorders and diseases of today.

Amrita Ayurveda provides authentic education in a supportive environment that encourages the integration of Ayurveda by individuals into their daily living and by health care professionals into their clinical practices. We offer a range of learning programs from beginner to professional. Each course has been carefully designed to enable individuals to achieve their Ayurvedic goals. The medium of instruction of all programs is English.

Naveen Gupta - Director International Academy of Ayurvedic Studies would like to cooperate with individuals or organisations at different parts of the world. The interested persons who would like to adopt one or the other Ayurvedic Studies program and Seminars, Academic programs, Practice Oriented modules to be introduced at thier own locations may feel free to contact for working out the details further.

### Academic Programs, Seminars & Practice Oriented Modules

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Ayurveda for Beginners

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Dr. Gupta's trial skills course on Ayurveda for Health professionals

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Science and Art of Ayurvedic Language &ndash; Ayurveda Sutra

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Seminar on Ayurveda and Children (Kaumara Bhritya &ndash; Pediatrics with special emphasis of current challenges in Pediatric immunology and disorders like ADHD)

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Seminar on Ayurveda for Woman (Stri Roga evam Prasuti Tantra &ndash; Gynecology & concepts of Pregnancy and its management in Ayurveda)

Saundraya Ayurveda (Ayurveda for Balance and Wellness)

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Ayurveda for Seniors (Rasayana evam kaya kalpa - Anti Ageing and Longevity)

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Vajikarna Ayurveda (Kama Shastra - Science and Art of Aphorism of Love and Pleasure)

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Introductory and Advanced Seminars on Marma Shastra (Science and Art of Vital points of Healing)

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Swastha Ayurvedic Medic Studies for Ayurvedic Practitioners, Health Professionals, Medical Doctors and scientists

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Agni and Metabolism in Ayurveda

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Advanced Seminar on Science and Art of Pulse Diagnosis

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Tridosha theory (the Biological energy principles)

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Ayurvedic Scientific Seminar on Neurological Disorders with Ayurvedic approach to patients of Vata Disorders including Motor Neuron Disorders and Parkinson's disease

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Advanced Seminar on Ayurvedic Management of Malignant Diseases with Ayurvedic approach to a cancer patient

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Advanced Seminar on Rasayana Ayurveda and Immune System with special emphasis on AIDS

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Advanced Seminar on Ayurveda and Cardiac Disorders with special emphasis on IHD, Lipid Disorders and Hypertension

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Ayurvedic Scientific Seminar on G.I.T. and Hepato-Biliary System

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Ayurvedic Scientific Seminar on Endocrine Disorders with special emphasis on Diabetes Mellitus and disorders of Thyroid

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Advanced Seminar on Ayurvedic perspective on Multiple Sclerosis

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Advanced Seminar on Ayurvedic perspective on Lyme Borreliosis

Advanced Seminar on Ayurvedic perspective on Obesity and Overweight Management

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Advanced Seminar on Allergic Disorders and seasonal manifestations on Health and Disease