

Aboutus

“The path to health, harmony and balance begins with Ayurveda.”

'Vaidyaraj' Naveen Gupta is the founder of flagship 'Amrita Ayurveda' and its subsidiaries, Amrita Ayurveda Health Center AAHC and International Academy of Ayurvedic sciences IAAS at Antwerpen province in Belgium. He is an Educator, Health Consultant, Private Coach and Entrepreneur. He is a much sought after Speaker on Ayurveda science and art of living. He informs and inspires people in helping them realize their true potential.

Presently he is practising at Belgium and visiting the Netherlands, Germany and Switzerland regularly. His practice is specialised in Pulse evaluation, Marma & Panchakarma which is part of his 25 years of experience in a variety of clinical, pharmaceutical, research and institutional settings in India.

Acknowledged as one of the upcoming leaders in the field of body-mind-spirit discipline of 'Medicine Today', 'Vaidyaraj' Naveen Gupta continues to transform our understanding of the meaning of a 'Vaidya' to human health in respect to an individual, community, society, nation and world. Through his creation of Amrita Ayurveda in EU in 2004, 'Vaidyaraj' Gupta established a formal platform for his holistic approach of health practice with natural healing traditions.

'Vaidyaraj' Gupta serves as the Director of Educational Services at IAAS, which offers various training programs in body-mind-spirit 'Medicine Today'.

'Vaidyaraj' Gupta received his qualifications Bachelors in Ayurvedic Medicine and Surgery B.A.M.S. in 1983 at Delhi University, India. He is recipient of Gold Medal with 1st position and distinctions in all clinical subjects. He received his registration for practice from Central Council of India Medicine in 1984.

'Vaidyaraj' Gupta is on Board of All India Ayurvedic Congress as executive member on International Committee for Ayurveda outside India. Recently he has been appointed as Vice President of a dutch association of Ayurvedic Practitioners, 'Algemene Nederlandse Vereniging voor Ayurveda Geneeskunde' ANVAG which comprises Medical

Doctors', Ayurvedic Doctors and Holistic Practitioners as members of the society dedicated to the cause of offering alternative medicine solutions in a natural way.

For more information on ANVAG please visit the official

ANVAG!

He is also elected Board Member of Vienna based 'Europeon Ayurvedic Medical Association'- EURAMA

For more information on EURAMA please visit the official

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'Vaidyaraj' Naveen Gupta is member of professional associations of Holistic Practitioners Stichting RING which is recognised by most of the health insurance agencies in The Netherlands.

For more information on Stichting RING and associated health insurance agencies in The Netherland please visit the official website

Stg. RING!

Based on his clinical experience of over 20 years in India and 5 years in EU States, he has developed various Ayurveda formulations for different organic systems known as 'Srotas' in Ayurvedic terminology ('Srotas' can be translated as channels of circulation) viz. Nervous system, Cardio-vascular system, Respiratory system, Gastro-intestinal system, Uro-genital system, Endocrine System and so on. Some of these formulations are registered in the Netherlands as Ayurveda solutions and alternative health and dietary supplements prescribed by Doctors and Ayurveda Practitioners for diverse indications in day to day practice.

For Ayurveda wellness industry he designed Marma application oils for harmonizing body, mind and spirit and Ayurveda skin care & cosmetic solutions based on time tested traditional knowledge on Ayurvedic Body-Mind type for Ayurvedic pharmaceutical industries in India and distributors of Ayurvedic products in the Netherlands and other EU States.

'Vaidyaraj' Gupta is also the co-author of the International Seller book "Health & Harmony through Ayurveda". Many of his research articles are published in Holisan Spectrum in the Netherlands from 2004 onwards.

Na tvaham kameye rajayam/
Na swargam na punarbhavam//

Kamaye dukhtaptanaam/ Praninaam arti nashnam//

I don't desire lordship over others, nor do I aspire for heavenly pleasures, nor do I pray to be released from the bondage of birth and death, my only ambition is to become an instrument of relieving the sufferings of those who are groaning under the scourge of one or the other disease.

This is the oath by which Ayurvedic Physicians are perpetually guided.

Let us create a platform which focuses on Swastha, enhancing health, maintaining balance and nourishing mind and spirit using Prana, the life energy and Manas human intelligence.